



Parents' Informative Sessions

SEK-El Castillo

All talks are given in Spanish unless otherwise specified

DATE	TALK	SPEAKERS	PLACE
8 November From 15:30 to 17:00	Do we know how to educate with emotional intelligence? Tools for working with emotions with our children	Ruth Pilar Castillo Gualda School of Education and Health at UCJC <ul style="list-style-type: none">• Degrees in Early Childhood Education and Primary Education• Degree in Psychology	Events hall
22 November From 15:30 to 17:00	First Aid - CPR: Guidelines to save lives	Noemi Mayoral and Eduardo José Corral School of Education and Health at UCJC <ul style="list-style-type: none">• Degree in Nursing	Events hall
29 November From 15:30 to 17:00	Online behaviour: Coexistence and treating peer bullying	José Antonio Luengo School of Education and Health at UCJC <ul style="list-style-type: none">• Degrees in Early Childhood Education and Primary Education	Events hall
14 December From 15:30 to 17:00	Neuroeducation: Active pedagogy	Eva Teba Fernández UCJC School of Education and Health <ul style="list-style-type: none">• Expert in Multiple Intelligences• Master's Degree in Teacher Training in Secondary Education• Master's Degree in International Education and Bilingualism	Events hall
20 December From 15:30 to 17:00	Rules and limits in daily routines: Sleep, feeding, and temper tantrums	Pilar Marín School of Education and Health at UCJC <ul style="list-style-type: none">• Degrees in Early Childhood Education and Primary Education	Events hall

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17 January From 15:30 to 17:00	Food in Early Childhood: Realities and myths	Miguel Ángel Acosta School of Education and Health at UCJC <ul style="list-style-type: none"> ▪ Degree in Nursing 	Events hall
31 January From 15:30 to 17:00	How to promote behavioural change in your children	Elena María Ruiz Sancho School of Education and Health at UCJC <ul style="list-style-type: none"> ▪ Degrees in Early Childhood Education and Primary Education ▪ Degree in Psychology 	Events hall
14 March From 15:30 to 17:00	Prevention of addiction: The good use of social networks	Laura Cuesta School of Communications and Humanities at UCJC <ul style="list-style-type: none"> ▪ Degree in Communications 	Events hall
11 April From 15:30 to 17:00	How to talk about difficult subjects with our children?	Rosa María Jurado Barba School of Education and Health at UCJC <ul style="list-style-type: none"> ▪ Degree in Psychology 	Events hall
9 May From 15:30 to 17:00	Strategies to develop and promote development of language	Eva Elena Llergo School of Education and Health at UCJC <ul style="list-style-type: none"> ▪ Degrees in Early Childhood Education and Primary Education 	Events hall
6 June From 15:30 to 17:00	Mindfulness in education: Influence in learning	Olivia Reondo School of Education and Health at UCJC <ul style="list-style-type: none"> ▪ Degrees in Early Childhood Education and Primary Education 	Events hall